# 2017

# Annual Report



HansonHouse

Traumatic Brain Injury

Clubhouse

Berea, Ohio

# HansonHouse TBI Clubhouse FYE June 30, 2017 Board of Directors



Executive Director
Jo Ann Boggs, B.S., E.M.B.A.
Co-Founder
Clinical Pathology & Environmental Manager
Southwest General Health Center, retired

Paul Richards, M.A. Counseling Psychology Program Director

Anita Ferut, B.S. Microbiology Biochemistry Administrative Assistant

Chris Cassidy, MSSA Certified Public Accountant Treasurer

Cyril Kleem, M.A.
Political Science and Public Policy
Mayor, City of Berea, Ohio

Carol Boggs, Esq.
Governance, Risk and Compliance
Head and Director, Global Client Relations
Thomson-Reuters, Inc., retired

Laurel McDargh, B.A.
Cuyahoga County Board of Developmental
Disabilities
Information Services

Roy Mallarnee, B.S. Plasti-Kote Technical Director, retired Tony Dick, B.A., M.A.ED. Assistant Professor Baldwin Wallace University

Ron Andras, BBA, MA, PMP Sr. Analyst & Project Manager First Energy, retired

Grace Ferut, B.A.
Sport Management
Membership Specialist
Cleveland Monsters

Joy Wood, MSSA. LISW-S Therapist Psych-BC

Mark Terry, MEd Work Incentive Liaison Social Insurance Specialist Social Security Administration

Hannah Gadzinski, MT-BC Music Therapist The Music Settlement

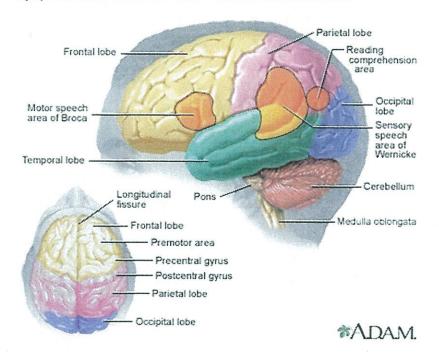
Lori Hanson, MSEd.,LPCC Ex-officio Co-Founder

# **Living With Brain Injury**

Brain injury is unpredictable in its consequences. Brain injury affects who we are, the way we think, act, and feel. It can change everything about us in a matter of seconds. The most important things to remember:

- · A person with a brain injury is a person first
- · No two brain injuries are exactly the same
- The effects of a brain injury are complex and vary greatly from person to person
- The effects of a brain injury depend on such factors as cause, location, and severity

If you are having trouble finding information, feel free to contact us either <u>via e-mail</u>, or through our toll free Brain Injury Information Center at 1-800-444-6443. You are not alone.



2.5 million people sustain a traumatic brain injury (TBI) each year. According to the <u>Centers for Disease Control and Injury Prevention</u>, the leading causes of TBI are:

- Falls (40.5%)
- Other/Unknown (19%)
- Struck by/against events (15.5%)
- · Motor Vehicle-traffic crashes (14.3%)
- Assaults (10.7 %)

## A Healthy Brain

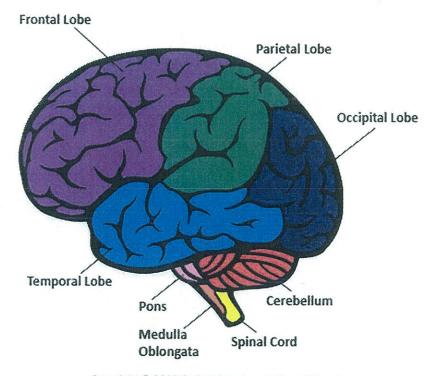
To understand what happens when the brain is injured, it is important to realize what a healthy brain is made of and what it does. The brain is enclosed inside the skull. The skull acts as a protective covering for the soft brain. The brain is made of neurons (nerve cells). The neurons form tracts that route throughout the brain. These nerve tracts carry messages to various parts of the brain. The brain uses these messages to perform functions. The functions include coordinating our body systems, such as breathing, heart rate, body temperature, and metabolism; thought processing; body movements; personality; behavior; and the senses, such as vision, hearing, taste, smell, and touch. Each part of the brain serves a specific function and links with other parts of the brain to form more complex functions. All parts of the brain need to be working well in order for the brain to work well. Even "minor" or "mild" injuries to the brain can significantly disrupt the brain's ability to function.

#### An Injured Brain

When a brain injury occurs, the functions of the neurons, nerve tracts, or sections of the brain can be affected. If the neurons and nerve tracts are affected, they can be unable or have difficulty carrying the messages that tell the brain what to do. This can change the way a person thinks, acts, feels, and moves the body. Brain injury can also change the complex internal functions of the body, such as regulating body temperature; blood pressure; bowel and bladder control. These changes can be temporary or permanent. They may cause impairment or a complete inability to perform a function.

### Functions of the Brain

The brain is divided into main functional sections, called lobes. These sections or brain lobes are called the Frontal Lobe, Temporal Lobe, Parietal Lobe, Occipital Lobe, the Cerebellum, and the Brain Stem. Each has a specific function as described below.



Copyright © 2013 Brain Injury Association of America

#### Parietal Lobe Functions

- Sense of touch
- Spatial perception
- Differentiation (identification) of size, shapes, and colors
- Visual perception

# **Occipital Lobe Functions**

#### Frontal Lobe Functions

- Attention and concentration
- Self-monitoring
- Organization
- Speaking (expressive language)
- Motor planning and initiation
- Awareness of abilities and limitations
- Personality

Vision

### **Cerebellum Lobe Functions**

- Balance
- Skilled motor activity
- Coordination
- Visual perception

## **Brain Stem Functions**

- Breathing
- Arousal and consciousness
- Attention and concentration
- Heart rate
- Sleep and wake cycles

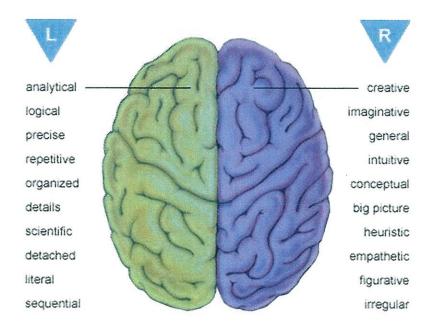
- Mental flexibility
- Inhibition of behavior
- Emotions
- Problem solving
- Planning and anticipation
- Judgment

# **Temporal Lobe Functions**

- Memory
- Understanding language (receptive language)
- Sequencing
- Hearing
- Organization

# Right or Left Brain

The functional sections or lobes of the brain are also divided into right and left sides. The right side and the left side of the brain are responsible for different functions. General patterns of dysfunction can occur if an injury is on the right or left side of the brain.



#### Injuries of the left side of the brain can cause:

- Difficulties in understanding language (receptive language)
- Difficulties in speaking or verbal output (expressive language)

- Catastrophic reactions (depression, anxiety)
- Verbal memory deficits
- Impaired logic
- Sequencing difficulties
- Decreased control over right-sided body movements

#### Injuries of the right side of the brain can cause:

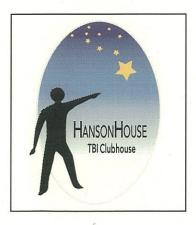
- Visual-spatial impairment
- Visual memory deficits
- Left neglect (inattention to the left side of the body)
- Decreased awareness of deficits
- Altered creativity and music perception
- Loss of "the big picture" type of thinking
- Decreased control over left-sided body movements

# Diffuse Brain Injury (The injuries are scattered throughout both sides of the brain) can cause:

- Reduced thinking speed
- Confusion
- Reduced attention and concentration
- Fatigue
- Impaired cognitive (thinking) skills in all areas

# **Finding More Information**

If you are having trouble finding information, feel free to contact us either <u>via e-mail</u>, or through our toll free Brain Injury Information Center at 1-800-444-6443. You are not alone.



# HansonHouse TBI Clubhouse

# **Mission Statement**

To empower people with Traumatic Brain Injuries to enhance:

- Self-determination
- Personal growth
- Community Involvement and Service
- Independence and Productivity

HansonHouse is a group of persons who support one another in living independent, productive lives following brain injury. Membership is free, voluntary and for life. Clubhouse members and staff work together to make the clubhouse a reality and create meaningful activities.

# Membership and Services

HansonHouse is the first and only, Brain Injury Clubhouse in Ohio. HansonHouse serves adult survivors (age 18+) of Traumatic Brain Injury primarily from the various counties in the Greater Cleveland-Akron Metropolitan Area.

Currently HansonHouse has approximately 120 living members. A group of about 25 meets weekly for more intensive services. Some have attended for a decade or more, others are newer to HansonHouse. Our living members that have moved, cannot physically attend any longer or have reestablished a productive life and new social group, return for special events, call us, and are supported through the monthly wellness calls and /or visits.

HansonHouse serves 20 or so Caregivers at a time, in our current Support Group structure.

HansonHouse is current and connected to resources for the TBI survivor and family. Weekly calls are received from TBI survivors, caregivers, professionals in other service areas such as nursing care, assisted living and medicine. A current project is the development of an interactive "resource and guidance tree", focused toward folks in an emergency situation or in process of decision making for a loved one currently hospitalized for TBI, on the website for folks to access at any time.

## History of HansonHouse TBI Clubhouse

Nearly one year apart from each other, two members of the Berea Community suffered traumatic brain injuries. Dean Hanson was involved in an auto accident and Jerry Boggs was involved in a bicycle accident (yes, he had a helmet). Dean was a businessman, youth coach and a vital member of the Berea community. Jerry was a teacher and football coach at North Olmsted High School, (retired) and went on to Baldwin Wallace University as a member of the athletic staff and football coach for the Baldwin-Wallace Yellow Jackets.

As these men went through their recovery periods, after the initial medical treatment, the families searched for services and help that was needed. However, there were no community-based services. As a result their wives, Lori Hanson and Jo Ann Boggs decided to establish a clubhouse, modeled after the International Clubhouse Standards for survivors of TBI. That was 15 years ago and HansonHouse is still serving and helping TBI survivors "get on with their lives", and find meaning and purpose for their altered lives.

At the present time, Jo Ann Boggs, co-founder, is Executive Director and Paul Richards is the Program Director for HansonHouse. The Executive Board is comprised of Berea and Northeast Ohio residents and all are volunteers.

Jo Boggs continues to serve on the Brain Injury Advisory Committee (BIAC) in Columbus attending meetings which advise and guide treatment which will be of assistance to the TBI survivor. Jo Ann has attended these meetings for 14 years and has spoken to the Ohio Services Group and our Ohio and United States legislators on numerous occasions. Ohio has begun to make important strides in the focus on TBI and the specific needs of a TBI survivor, recognizing the unique complexity of TBI, although still lagging in comparison to many other states. Work and interest in Veteran TBI/PTSD is also an area that the BIAC works with to improve services to our returning veterans whom have sustained a TBI. To further her community integration work with TBI survivors, she volunteers in a program at MetroHealth to work with patient TBI survivors and their families, and serves on the Patient Experience Committee. She is frequently invited to sit on a number of panels for TBI Conferences. Her strong belief in community integration is the main focus of the mission of HansonHouse. She believes that the community is where the healing takes place. "Inclusion into their community does not happen tomorrow. No laws or policies, no political correct kids gloves; people make it happen." (WolfgangWolf, "How to improve patient outcome and save \$\$ in the process")

HansonHouse members, volunteers and Directors continue to be involved with and on behalf of current veterans and preparation for returning veterans that have sustained a TBI. We take our members to meetings with VA hospitals and to Columbus to advocate for community services for veterans. Instead of being sent to special TBI housing units across the country to be taught how to integrate into their community, we promote an after rehabilitation program that sends them back to their own community to organizations that help them form new friendships and become productive citizens locally through volunteer opportunities or return to some kind of employment.

Legal, employment and benefit issues are an ongoing problem for our survivors. HansonHouse has the resources of professionals that volunteer their knowledge and time to answer questions and give guidance and assistance free of charge. Sessions are planned at HansonHouse meetings or off-site for legal questions they have on civil matters, tax preparation, end of life documents, navigating the ACA and other necessary decisions to maintain their independence at the best possible level. HansonHouse has had successful outcomes. We have accompanied our members to court to settle minor issues. One case that was finally settled was started in 2002 and the outcome gave our member the opportunity to find part time employment and begin to take care of himself. This also gives us a chance to educate our local employers and business owners, safety and legal systems of some of the problems they might encounter with a TBI survivor. Recently, we were invited to present at police officer training sessions to educate officers on the issues a TBI survivor may have under stressful situations such as a traffic stop. With law enforcement education, our officers can recognize a TBI survivor (versus a DUI) and understand the person's inability to speak clearly or respond appropriately. hopefully avoiding escalation into an unsafe situation. Our legal professional, serving as a Board Director recently attended the Ohio Symposium to hear Evelyn Stratton (retired Supreme Court Justice for Ohio) speak on the Veteran's Court and TBI. This Director continues to monitor and advise on the program's successes and issues.

A great deal of time is spent on advocating for the TBI survivor both civilian and military, and educating as many organizations as we can on the situation of a TBI survivor and their post rehab needs. HansonHouse also has a representative on the Akron TBI Collaborative, the Parma Collaborative, and two Directors for the Southwest General Hospital Community Health forum. We get numerous requests to speak to VFW, Kiwanis, Rotary, Churches and University student groups. Many attend various state of Ohio presentations to continue our own education as leaders. Our Board of Directors and Program Director do this as volunteers typically without travel compensation.

HansonHouse also supports two to three interns a year. Most spend one semester, part time with us in various areas. We have had Neuroscience students, Pre-med, Psychology, Grant Writing, Counseling and Music and Art therapy students.

Although a great deal of time and energy, as leadership, is spent on advocating and educating, our first priority, both in the employment of our Program Director and the budget of HansonHouse, is our members and the operations of the actual Clubhouse on a week to week basis. All our services are free of charge and offered for as long as needed.

# Current Programs include:

# Independent and Household Living Skills

# Program description

Cooking, Gardening, Indoor and Outdoor Maintenance Cleanliness and Sanitary Techniques

# Program long term success

Members (Adult survivors of TBI) achieving maximum level of independence whether living alone, with family or in some level of assisted living. Planting, Caring for and Harvesting Gardens for themselves and others

### Program success monitored by

Members acquiring habits of proper sanitary techniques in food prep, both personal and kitchen and not needing reminders from volunteers overseeing process week to week. The Program Director and volunteers needing to do less as new skills are mastered and watching individuals gain confidence in their abilities to the point that they will help one another. Members moving toward more independence in their living situation and even helping one another with small projects such as yard work, small maintenance jobs and home repair.

# Program success examples

Member B, a fifteen year member, on December of 2015 moved into his own home, a small house that he was able to purchase and is living successfully without outside services. Many of the members stepped in to helping pack B's belongings and helped him move into his new place.

Member J, has become our "master Chef". J has learned to cook very well and takes pride in being the Wednesday meeting head of our lunch program. A volunteer helps him shop and J also volunteers for many local events such as the community picnic and Red Day as a grillmaster!

#### Life Decisions

#### **Program description**

Healthcare, Medication Adherence, Financials, Taxes, Life Documents (ie Healthcare Power of Attorney, end of life documents, etc.)

#### Program long term success

Members taking more responsibility in self health-care decisions and handling personal finances. Preparing and thinking about future "what-ifs"

## Program success monitored by

Program Director is aware month to month and over time how individuals are progressing or in some cases, our older survivors, having additional problems. Volunteers, speakers and other resources are secured to assist

## Program success examples

Member T, whom lives with aging mother and is now a caregiver to some extent to her, took the information and help offered to begin to get his mother's "affairs" in order and think about her future needs, and in doing so also began to think about his own needs and financial ability to continue in the current apartment when mother passes.

### Information Technology

# Program description

Learn to use computer, to write HansonHouse newsletter, for program information and marketing. Design of Fundraising and Event brochures and programs. Recently, we were given funds to purchase three ipads that will be for the members' use at our weekly meetings. There is an interest in social media, our own HansonHouse facebook and website, and a small group of members that would like to participate in a TBI blog. We also have subscriptions to various "brain game" aps.

### Program long term success

Increase of attention span and hand-eye coordination as well as improving writing skills. Attaining success with basic computer skills such as email, word processing and presentations. (ie: power point)

### Program success monitored by

We have a social worker on the Board of Directors that is investigating current blogs for TBI survivors and we will be taking our members to a TBI conference in October that is offering a breakout session on using the internet safely.

# Program success examples

Ex Air Force member B prepared and presented a slide show of funny and inspirational quotes, cartoons etc. to the membership for our first meeting in January after Christmas break. This past year has given short power point presentations to local VFW and veteran organizations on TBI and PTSD. B was asked recently to talk to new police officers training in public interaction with autism, TBI, and the elderly, after the Community Laison for Berea Police Force spoke at a HansonHouse meeting.

Member M designed a new logo for our 2016 Golf Outing and helped get the brochure ready for print. M is also getting involved in helping design our twice a year newsletter that goes out to all supporters.

### Social and Service

# **Program description**

Helping our survivors find acceptance and understanding of what they are experiencing and moving the focus from "What I have lost (both skills, family and friendships) to what can I still do,(serving and volunteering) and making new friends.

# Program long term success

The following response from member A, in his words exactly, during Q and A by Executive Director for Brain Injury Advisory Council (Ohio). Jo has been advocating for 14 years the need for post rehab help for TBI survivors.

What does HansonHouse mean to you?

A sence of neededness - want- reaching to feel part of and be needed

Which all includes Caring - personalness, realization - etc

How has HansonHouse changed your life?

Why, how, who, what, their, is how asking are all realitive and etc question?

If I know myself and you know yourself and then it's suddenly all erased. SO WHY - myself thinking of before I came to HansonHouse was lonely, desperate for much and any independence that held up fall most times which now all this is mostly opposite. Now I hold myself above water with a smile inside and out.

This response was from a long-time member that left for a year when wife took a new job in CA. A year after that move he returned to the NEOhio area into assisted living because he missed HansonHouse and his friends. A continues to attend weekly and participate in volunteer opportunities and HH functions, using paratransit and public transportation to function and participate in life. Volunteers at HansonHouse assist with transportation also and guidance with difficulties.

#### Program success monitored by

The Program Director, friends and volunteers all see the Personal Growth of our members in areas of social connections and friendships, and learning new things and acquiring new hobbies. The numerous volunteer opportunities that staff, volunteers, and local organizations help arrange for our members has resulted in a new productivity and confidence in our members. The Clubhouse weekly meeting is different every week and exposes our members to new hobbies in art, music, animals, wood working and welding, to the Return to Golf program for the disabled.

# Program success examples

Member H - after speakers came from Sunset Memorial on Life Documents and End of Life Decisions and her experience watching her Grandmother in hospice, H decided hospice was something she would like to explore. Her "before TBI employment" was as a Recreation Therapist. She completed her training and volunteers for 3 hrs a day 3 times a week.

Member B - before her TBI she and husband were avide bikers and loved the parks. Her husband purchased a "trike" that also has a small motor assist and in 6 months B had reached 1000miles. She does not walk well and has little use of her left hand but was able to return to something she loved. (B is one of only two of our survivors who did not lose their spouse during these years of recovery. It is unfortunately the norm that TBI survivors lose their homes, jobs, friends and families) At one year, July 2016, B has logged 2000miles!

# **Support Groups**

# **Program description**

The primary focus of the Clubhouse model supports TBI survivors through our weekly Clubhouse meetings in a social atmosphere, including preparing and sharing a meal. Survivors are given a chance to express their frustrations in an atmosphere of understanding. HansonHouse members, staff and volunteers (and Interns) take turns making monthly "wellness calls" to our members that have moved from the area, or do not attend due to other reasons such as aging, illness or employment.

Caregivers have an opportunity to share joys and problem solving techniques in an evening Caregiver Support group led by a licensed Counselor. The Caregiver group: 14 of the 17 who regularly attended last session were NOT caregivers to our HansonHouse members. Our current session brought in 10 new attendees, only 1 of which is a Caregiver to a new member. The need is so great for those who care for survivors of any traumatic injury or illness.

### Program long term success

Everyone knows they are not alone. Development of new friendships. (90% of the old friends don't visit anymore because "the survivor" has changed or cannot do what they used to enjoy together)

Caregivers finding less stress in their daily life, new friends that are experiencing the same demands and a chance to get new ideas and support. Time spent on oneself as a caregiver is typically not enough due to the demands of caregiving. Caregivers returning and bringing others to the group lets us know they value the time that is spent with HansonHouse.

## Program success monitored by

A Licensed Clinical Counselor heading the group, the Program Director (also a licensed counselor) and the current Executive Director and a Board Director that is currently a counselor for a Psychiatry Group.

#### Program success examples

Member B was going to commit suicide 15 years ago when he saw a notice about a TBI survivor group meeting at a coffee shop in Berea. He decided he would attend and "then kill myself". That was the beginning of HansonHouse and B rarely misses an activity or meeting. Seeing members start helping one another as friends and peers, doing what it is they can still do or know about to help one another. The increase in time spent volunteering together, and helping one another as friends.

Member D is aging, does not drive and has difficulty walking. He began attending about 10 years ago. His increased needs and lessened ability to care for his apartment and get out have been assisted by his HansonHouse friends. If D does not come to meeting a couple of the members will take him lunch and visit. The BEST examples are our members that have "left the weekly meetings" due to their accomplishments in living independently and reestablishing their life through finding employment that aligns with their "new" ability level, and/or new volunteer and social connections.

Caregiver Group – Winter session 3016 Caregiver group was opened to caregivers of Traumatic Injury not exclusive to Brain Injury. 14 new attendees and a son from Columbus, Ohio took the time to contact HansonHouse and tell us how much better his mother, the Caregiver of husband with a TI, was doing since coming weekly to the Caregiver Group.

# **Advocacy and Internships**

# **Program description**

The Executive Director is highly involved in area hospitals with patient experience and advocating for the needs of the TBI survivor after medical release. HansonHouse also educates and reaches out to the still traumatized caregiver before they return home with the survivor as to what is ahead and resources.

The Executive Director is on the Brain Injury Advisory Council (Ohio) (14 years) and attends weekly meetings also with the services group to develop a community support policy for the state of Ohio hopefully modeled after the International Clubhouse model and advocating for Community reintegration.

HansonHouse Advocates for our members in minor legal issues and for those in assisted living with complaints or needs with no one else looking after them.

HH also supports 2-4 non-paid Internships, for credit, for local universities.

Interns are currently in pre-med, psychology, neuroscience studies, and other.

## Program long term success

Changes in hospital guidance upon release of TBI survivor including education for caregiver.

Watching members move toward greater independence in speaking out for themselves.

Calls to HansonHouse from nursing and rehab facilities for advice and education on families and patients that come to them with a TBI are increasing and the number of meetings our various Board members will attend with these facilities continues to grow in number. Others are beginning to see the post rehab needs of a TBI survivor are not addressed and are looking to learn and make the changes necessary for a successful outcome for both survivor and family or caregiver.

Educating police officers on the difficulties of a TBI survivor's ability to respond, as expected by a person of authority, due to stress of the situation or difficulties in communication such as aphasia

Continuing to have numerous interns apply for a semester at HansonHouse

# Program success monitored by

The small steps taken over the years that continue to move Ohio closer to adopting a plan for our TBI adults and veterans post rehab. Ohio is still seriously behind many other states in providing community post medical rehab support.

A past Intern returning to work with HH while pursuing his Masters Degree, others giving presentations to organizations on their own campus to educated others.

Student academic advisors/deans continuing to have interest in their students experiencing an internship with HansonHouse

## Program success examples

Movement of Legislation and programs to assist survivors of TBI and our Vets with TBI/PTSD in Community Reintegration and Independent PRODUCTIVE Living. Federal changes moving TBI into the ACL Administration of Community Living.

Past Intern graduated with a Masters Degree in Neuroscience, and working at University Hospitals in Cleveland on a research project assessing the effectiveness of a particular drug in TBI/PTSD treatments. He has also returned to HH as a board director serving for the past 3 years.

HansonHouse advocated to judge of Member T's progress and had record expunged by judge in exchange for T's promise to attend HansonHouse weekly. T is now working part time, walks or rides bus to work, shares a home with his brother and has reestablished a relationship with ex-wife and son that is respectful, loving and includes the new husband and their son. T continues to attend weekly 6 years later and brings his family to events.

# **VOLUNTEER HOURS**

Fiscal Year End 06302017

Volunteer Hours	
Board of Directors and Staff Volunteers	2,181 936
* Member Volunteer Hours  HansonHouse Operations  Member Volunteer Hours	462
Member Volunteer Hours Peer-to-Peer Member Volunteer Hours	471
Community	2,342
**TOTAL	6,392
*Members are TBI survivors (not caregivers or family) **Unpaid Staff Hours NOT included	
Advocacy Hours Jo Boggs (BIAC for Ohio, Metro) Paul Richards Program Director	1,016 161
Education Hours (members) Conferences/Speakers/Weekly Meetings	1,157
Sport and Leisure Hours	2,350

It is difficult to track volunteer hours. These reported are those that can be accounted for. Our volunteers and particularly the members of HansonHouse are regularly doing things for one another or the organization in small bits and days that are not always mentioned or spoken of. We also cannot speak to the hours that are given behind the scenes at the Berea United Methodist Church in providing our weekly meeting space and other intangible support; Kiwanians and the City of Berea offices.

# **Hanson House** Profit & Loss YTD Comparison July 2016 through June 2017

	Jul '16 - Jun 17	
Ordinary Income/Expense	Jul 16 - Jun 17	Jul '15 - Jun 16
Income Expense		
4 · Contributed support		
4010 · Indiv/business contribution	8.687.14	5 000 10
4510 · Agency (government) grants	0.00	5,393.40
Total 4 · Contributed support		5,000.00
Total 4 Continued Support	8,687.14	10,393.40
5 · Earned revenues		
5310 · Interest-savings/short-term inv	16.16	17.21
Total 5 · Earned revenues	16.16	
5800 · Special events	10.16	17.21
5820 · Golf Outing Fund Raiser		
5814 · Donated Items/Prizes		
5894 · Golf Outing - Briarwood	3,134.12	3,107.00
5895 · Golf Outing - 2015	21,850.85	26,348.25
-	0.00	21,597.08
Total 5820 · Golf Outing Fund Raiser	24,984.97	51,052.33
Total 5800 · Special events	24,984.97	54.050.00
Total Income	24,304.87	51,052.33
i Otal Income	33,688.27	61,462.94
Expense		
6560 · Payroll Expenses	1,661.01	1,574.02
7000 · Grant & contract expense	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	1,574.02
7050 · Grant Reimursed Exp. RSC	436.60	0.00
7000 · Grant & contract expense - Other	1,250.00	0.00
Total 7000 · Grant & contract expense	1,686.60	0.00
7060 · Program Expense	22,345.50	(50.0-50.
7500 · Other personnel expenses	22,345.50	20,090.00
7540 · Professional fees - other	300.00	95,20
Total 7500 · Other personnel expenses		
	300.00	95.20
8100 · Non-personnel expenses 8110 · Supplies		
8111 · WOD Program Supplies	345.31	1,404.96
8130 · Telephone & telecommunications	1,394.16	529.33
8150 · Mailing services	841.22	928.44
8170 · Printing & copying	89.90	147.00
	7.50	93.15
Total 8100 · Non-personnel expenses	2,678.09	3,102.88
8300 · Travel & meetings expenses		
8320 · Conference, convention, meeting	164.98	0.00
Total 8300 · Travel & meetings expenses	164.98	
8500 · Misc expenses	10-1,00	0.00
8530 · Membership dues - organization	000.00	
8590 · Fund Raising Event Expenses	300.00	250.00
8592 · Golf Outing - 2016	4.442.00	10 - Tanana
8594 · Donated Items/Prizes	4,442.00	5,122.87
8596 · Golf Outing Expenses	3,134.12	3,107.00
8597 · Other Fund Raising Expenses	144.25	3,202.00
8590 · Fund Raising Expenses - Other	1,700.00	1,599.17
-	0.00	75.00
Total 8590 · Fund Raising Event Expenses	9,420.37	13,106.04
Total 8500 · Misc expenses	9,720.37	49.956.64
8591 · Web Site Expenses		13,356.04
Tran and Expenses	0.00	216.00

9:05 AM 01/24/18 **Accrual Basis** 

# **Hanson House** Profit & Loss YTD Comparison July 2016 through June 2017

Jun 16	Jul '16 - Jun 17	
,105.10	3,119.61	8600 · Business expenses 8672 · Insurance
3,105.10	3,119.61	Total 8600 · Business expenses
41,539.24	. 41,676.16	Total Expense
19,923.70	-7,987.89	Net Ordinary Income
19,923.70	-7,987.89	Net Income
_	41,676.16 -7,987.89	Total Expense  Net Ordinary Income

# Hanson House Statement of Cash Flows July 2016 through June 2017

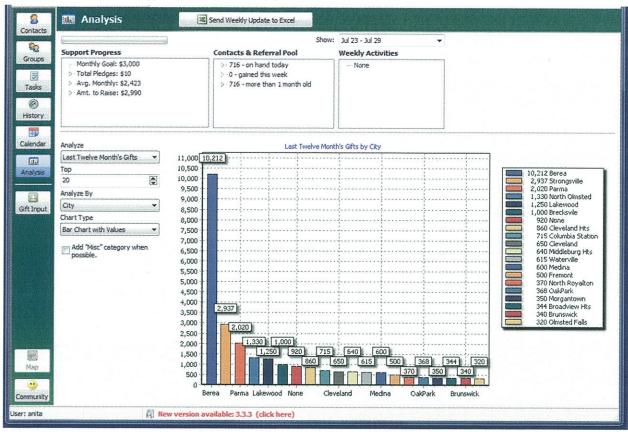
	Jul '16 - Jun 17
OPERATING ACTIVITIES  Net Income  Adjustments to reconcile Net Income	-7,987.89
to net cash provided by operations:  1450 · Prepaid expenses  2010 · Accounts payable  2100 · Payroll Liabilities  2101 · FICA Tax W/H  2102 · Medicare Tax W/H  2103 · Berea Income Tax W/H	150.61 760.06 105.13 89.14 15.98 40.69
Net cash provided by Operating Activities	-6,826.28
Net cash increase for period	-6,826.28
Cash at beginning of period	44,713.08
Cash at end of period	37,886.80

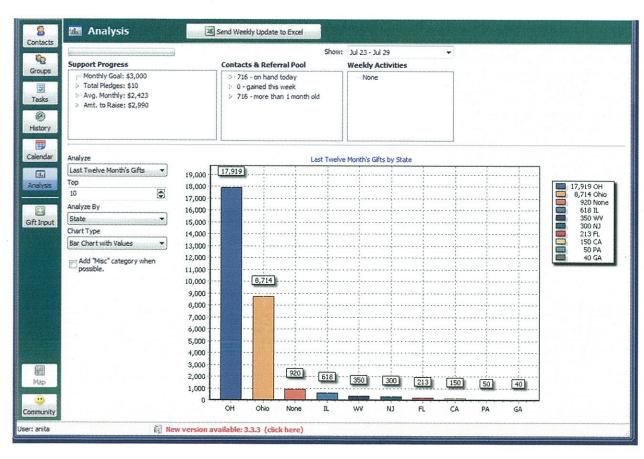
9:07 AM

# Hanson House Balance Sheet Prev Year Comparison As of June 30, 2017

TOTAL LIABILITIES & EQUITY	Total Equity	Equity 3010 · Unrestrict (retained earnings) Net Income	Total Liabilities	Total Current Liabilities	Total Other Current Liabilities	2103 · Berea Income Tax W/H	Other Current Liabilities 2100 · Payroll Liabilities 2101 · FICA Tax W/H 2102 · Medicare Tax W/H	Total Accounts Payable	Current Liabilities Accounts Payable 2010 · Accounts payable	LIABILITIES & EQUITY	TOTAL ASSETS	Total Fixed Assets	Fixed Assets 1640 · Furniture, fixtures, & equip 1645 · Organizational Expenses 1745 · Accum deprec- furn,fix,equip	Total Current Assets	Total Other Current Assets	Other Current Assets 1450 · Prepaid expenses	Total Checking/Savings	1040 · Petty cash 1050 · Cash in bank - Savings	Current Assets Checking/Savings	ASSETS	
39,618.70	37,710.95	45,698.84 -7,987.89	1,907.75	1,907.75	1,106.50	131.02	487.73 406.14 81.61	801.25	801.25		39,618.70	0.00	4,047.28 500.00 -4,547.28	39,618.70	1,731.90	1,731.90	37,886.80	11,906.03 95.46 25,885.31	For		Jun 30, 17
46,595.59	45,698.84	25,775.14 19,923.70	896.75	896.75	855.56	90.33	382.60 317.00	41.19	41.19		46.595.59	0.00	4,047.28 500.00 -4,547.28	46,595.59	1,882.51	1,882.51	44,713.08	18,833.66 10.27 25,869.15			Jun 30, 16

# Financial Giving FYE 2017 by CITY and STATE





# FOCUS GROUP PARTICIPANTS NEEDED



SEEKING ADVOCATES FOR THE TRAUMATIC BRAIN INJURY (TBI) COMMUNITY: SURVIVORS (18+), FAMILY CARE PROVIDERS TO ADULTS WITH TBI AND HOME AND COMMUNITY BASED SERVICE PROVIDERS

The Ohio State University and the University of Minnesota are working together to improve the way your state and county decide if people with TBI are getting effective, high-quality services at home and in the community. We want to learn about what is most important to you! Come share your voice!

What: Small Focus Group discussion of HCBS Quality

Great food will be provided as a thank you to all participants

Where: All sessions will be held at the Longaberger Alumni House.
2200 Olentangy River Road, Columbus Ohio, 43210
Parking passes will be provided.

When: (Choose one)

HCBS Providers to Adults with TBI:

Thursday, 11/17 from 2:00pm-4:30pm (Rockow Board Room)

Family Care Providers to Adults with TBI (16+): Thursday, 11/17 from 5:00-7:30pm (Rockow Board Room)

Adult Survivors with T31 (18+)
Thursday 11/17 from 5:00pm-7:30pm (Arizona Room)

**HANSONHOUSE** TRAVELED TO **COLUMBUS WITH** STAFF, **VOLUNTEERS**, **CAREGIVERS, TBI** SURVIVORS (MEMBERS) AND **REPRESENTATIVES** FOR EACH PANEL. THE INDIVIDUAL THREE PANELS **CONSISTED OF 8-9** PERSONS ON EACH OF WHICH 2-3 WERE HH FOLKS!

If you would like to participate, please RSVP to Monica Lichi: monica.lichi@osumc.edu or 614-293-3802

We are excited to offer this important advocacy opportunity!

RESEARCH AND TRAINING CENTER ON OUTCOME MEASURES
INSTITUTE OF COMMUNITY INTEGRATION

University of Minnesota

The HansonHouse members had been discussing a need for a new banner for a couple years. Members were given responsibilities to find quotes from printers and design the banner themselves. Four or five designs were submitted and the members voted on their favorite. Bob Norton's design was selected and Megan Sandmann assisted with edits and "clean-up" for final digital layout to take to printer.





# Hanson House TBI Clubhouse

Thriving After Surviving

Traumatic

Brain

Injury

TBIDIRECTOR@aol.com

440-234-9900

www.HansonHouseBerea.com

The final product is a 6' by 3' banner with a white background as shown above.

# BRAIN INJURY SURVIVOR BENEFIT Author Signing/Wine Tasting

"Every 23 seconds, someone in the United States sustains a traumatic brain injury. 50,000 do not survive. Those that do are changed forever."

- TBI fact book, Brain Injury Association of Florida

Local Authors will discuss their inspiration for writing their books, with a percentage of proceeds to benefit Brain Injury Support Groups!

# Sunday - August 14, 2016 ~ from 1:00 to 5:00 pm



M. A. Appleby: *The Ancient Whisper, Whispered Dreams,* & *Journey of a Thousand Steps*; inspired by a true life-changing event, this trilogy follows a fictional family on their journey as they learn how to cope with tragedy and ultimately, brain injury.



Margie DeLong: Grand Observations: A Year of Weekly Visits to the Grand River at the Blair Road Bridge; one woman sets out to discover the river near her home in Lake County, Ohio. Her experiences increase her understanding of the cleanest river flowing into Lake Erie.



Terry L. Wilson: Blanket Hill Insurgency, Breaking Liberator's Shackles, & Tarnished Valor; Storytelling of historic human conflict masked in a costume of fiction.

Enjoy a taste of St. Joseph's Pinot Noir or crisp glass of Riesling!

Hosted by: St. Joseph Vineyard 7800 Warner Road, Madison, Ohio saintjosephvineyard.com

**Entertainment by BLUE JOHN** 



Contact Marjorie Appleby @ 440.725.6493 with questions.



# HansonHouse TBI Clubhouse

# **Brain Injury Awareness Month** 2017 Recognition Reception

HansonHouse would like to thank and recognize the following organizations and individuals making a difference in the lives of TBI survivors. All have spent years serving individuals, families and caregivers of Traumatic Brain Injury in a variety of ways unselfish with their time, and beyond the call of duty in volunteer service or profession. Each has strengthened and changed, and continues to care and advocate for those affected by a TBI in community, medical and government sectors.

#### Organizations:

Berea Kiwanis

United Methodist Church of Berea Southwest General Health Center

Metro Health Care

VFW3345

Strongsville Rotary and Charitable Fund

Return to Golf

Baldwin Wallace Neuroscience Dept

\*Berea City Club

Government Officials:

Mike Dovilla Mike DeWine Thomas Patton

Cyril Kleem

Individual Recognition and Thanks:

Dr. Deanna Frye

Barb DeJarnett

Ramdat Sarran

Dom Verdell

Mary Beth Ballenger

Rockwell Taylor

Charlotte Gorman

Jeff Haas

Lynette Macias

John and Juanita Black

Lori Hanson

\*Jo Boggs

Diana Emrich President 2016

Orlev Aten President Church Council

Al Matyas Vice President Operations and Business Development Sarah Hendrickson Director Trauma Survivor Recovery Services

Megen Betts Recovery Coach Trauma Survivor Recovery Services

Tim Zvoncheck Commander

Ken McEntee President John Turnbull Officer Charitable Fund

Trevor Hazen Program Director

Dr. Jaqueline Morris Director BWU Neuroscience Dept

Jack Draves President

OH House of Representatives 2013 - 2016

**OH Attorney General** 

OH House of Representatives

Mayor of Berea

Founder Akron/Summit Cnty TBI Collaborative and

Northeast Ohio Brain Injury Foundation President

Wives Caregiver Support

Pastor Reaping the Harvest Church

**HH Member Support Volunteer Opportunities** 

Pastor Christ Church Community Care

Christ Church TBI Support Group

Pastor Abundant Life Church HH Member and Clubhouse Support

**HH Office Space Provision** 

HH Fundraising and Community Outreach

HH President (ex-officio) Caregiver Support

HH volunteer opportunities for the Homeless

Co-Founder HansonHouse, Caregiver Support

Co-Founder Executive Director HansonHouse, BIAC of Ohio member

\*Unable to attend



# HansonHouse TBI Night at Quicken Loans Arena!

Saturday, October 15th, 2016

Cleveland Monsters vs. Rockford-5pm



#### All tickets are just \$15!

- o Discounted from \$21.50 gameday pricing.
- HansonHouse TBI will be that evenings 50/50

### Come celebrate with your 2015/2016 AHL Calder Cup Champions!

- Championship Celebration pre-game on the Gateway Plaza. Games,
   DJ, Food, and opportunity for pictures with the Calder Cup!
- Kids Day: \$6 Kids Meal and postgame skate
- o Giveaway: Calder Cup magnetic schedule

# Ticket Information:

- Ticket price: \$15
- 8 tickets for \$100

#### The mission of HansonHouse TBI Clubhouse:

To empower persons with Traumatic Brain Injury to enhance:

Self-determination Personal Growth Community Involvement and Service Independence and Productivity

# Deadline to Order Tickets is October, 14th!

How can you purchase tickets?

- Contact Anita Ferut at 330-635-7755 or tbidirector@aol.com
- <u>www.HansonHouseBerea.com</u> donation tab, paypal. Please provide how many tickets you will need and address to have your paper tickets sent to.

METHOD OF DELIVERY: Paper tickets

\*All orders are subject to availability.
No ticket required for children under
the age of two. This offer and
discounts are not available at arena
box office. No refunds or exchanges.

The Northeast Ohio Brain Injury Foundation (NEOBIF) is an Ohio non-profit corporation with tax-exempt IRS 501c3 status. NEOBIF's mission is to support survivors of brain injuries and their families through research, education and informational activities to increase public awareness regarding the prevention, care and treatment of brain injuries and to provide advocacy and support for survivors of brain injury and their families.

The Summit County Traumatic Brain Injury (TBI) Collaborative was formed in 1992 and is comprised of agencies dedicated to supporting people with brain injury and their families as well as educating professionals who provide services to survivors. Our mission is to equip the service network with the expertise and resources necessary to ensure that TBI survivors and their families can live with dignity in their local communities.

# Cost to Attend

Cost to attend is \$10 per person and includes attendance at the Thursday evening social and the Friday conference. Payment can be made during Registration the day of the conference via cash or check. Sorry, we cannot accept credit or debit cards. Checks should be made payable to NEOBIF. No portion of the registration fee is tax deductible as a charitable contribution.

# Special Note

The "Using Smartphones and Tablets in Daily Life" breakout session will allow participants to receive individualized instruction in use of their device with the presenters. Please bring your phone or tablet if you would like to participate in this activity.

Questions? Call Dr. Frye at 330.836.8621 or email at tbicollab@gmail.com



# The Road to Recovery

The Northeast Ohio Brain Injury Foundation, in partnership with the Summit County Traumatic Brain Injury Collaborative, is pleased to announce the sixth annual conference for survivors of brain injury, their families and friends.

LOCATION

CCF/Akron General Health and Wellness Center-West 4125 Medina Road Akron, Ohio 44333

Thursday September 28, 2017

7:00 pm -9:00 pm

Friday September 29, 2017

9:00 am - 3:00 pm



18697 Bagley Road • Middleburg Heights, Ohio 44130-3497

**Albert Matyas** 

Vice President
P. 440.816.6683 • C. 216.403.4199
Email: amatyas@swgeneral.com

Paul,

I wanted to thank you for your recognition of Southwest General. We are glad to be able to support Hasan House and the wonderful work done through your programs. As I said, I think you did a great job of enceing the Newt!

Thanks again,

# City of Berea Monthly Berean News May 2017

Page 4

# Hanson House recognizes supporters, volunteers

Hanson House, a support organization for those with traumatic brain injuries, recognized 26 supporters during a special reception on March 30. Among those thanked for their continuing support was Mayor Cyril Kleem and the City of Berea.

Paul Richards, program director for Hanson House and emcee for the program, said Berea had provided "a lot of guidance" since Hanson House first opened its doors in the late 1990s. The organization was chartered by the state in 2001. "You got us off the ground," Richards told the Mayor. "You taught us that you can finance an organization without taxpayer dollars."

The recognition reception was in honor of Brain Injury Awareness Month. The reception was at BW's Center for Innovation & Growth. Anita Ferut of Hanson House said each year the organization does some activity to recognize TBI Month. This year, she said, the Hanson House members voted to honor those who have supported TBI survivors and their families.

Also honored was Berea Kiwanis and Past President Diana Emrich. Richards said the club had offered financial assistance "and muscle" in Hanson House's early years. Kiwanis helped organize the organization's golf outing, which has become a major fundraiser.

"When people come to Hanson House, they are in a certain place," Richards said. "We take them to another place. You may be disabled but you are not disqualified from contributing." Richards said TBI survivors hold jobs, have families and volunteer in the community.

Hanson House also aids veterans with TBI. "We teach them to play golf, for example," Richards



Hanson House thanked 26 supporters during a special reception and recognition ceremony.

said. "We get their feet back on the ground and give them dignity."

Other individuals and organizations recognized at the reception were the United Methodist Church of Berea, Southwest General Health Center, MetroHealth Medical Center, VFW Post 3345, Strongsville Rotary Club, Return to Golf, Baldwin Wallace University's Neuroscience Department, Berea City Club, former state Rep. Mike Dovilla, state Sen. Thomas Patton, State Attorney General Mike DeWine, Dr. Deanna Frye of the Northeast Ohio Brain Injury Foundation, Barb DeJarnett of the Wives Caregiver Support Group, Pastor Ramdat Sarran of Reaping the Harvest Church, Pastor Dom Verdell of Christ Church Community Care, Mary Beth Ballenger of Christ Church TBI Support Group, Pastor Rockwell Taylor of Abundant Life Church, Charlotte Gorman for providing office space, Jeff Haas of Berea Kiwanis for fundraising and community outreach, Lynette Macias for caregiver support, John and Juanita Black for volunteer opportunities for the homeless, Lori Hanson and Jo Boggs, co-founders of Hanson House.

Hanson House TBI Clubhouse is at 173 Front St. Call (440) 234-9900 or visit

# Local business gives artistic inspiration to special visitors

Mike Grau, owner of Tazza Glass at 14232 Bennett Road in North Royalton, met with another North Royalton Resident, Paul Richards, to meet a need for individuals and families who have survived a Traumatic Brain Injury.

"Everyone who comes to HansonHouse realizes that they may be disabled, but they are not disqualified from living and serving. This includes in their own families, and then their own neighborhoods," says Richards, program director of HansonHouse. They provide a program that invites and challenges those who have sustained a Traumatic Brain Injury to try new things, and serve others as a way to build a new, post-injury life that fits them best, and adds to their own neighborhoods.

Grau is not only an artisan and business entrepreneur, but he understood that demonstrating his craft could be a source of ideas and inspiration to the folks at HansonHouse. Mike provided a discussion, a free demonstration of his craft, and fielded questions from the group.

Richards said, "There are plenty of places that we can visit on a field trip, but we don't have a bunch of tourists here. We have folks that are interested in learning – Mike Grau understood this. This is a purposeful venture for us. Mike was more than happy to volunteer to help us in this learning and interest."

"Holy cow!" said Tim C., as Mike pulled molten glass into a 12-15-foot ribbon and laid it on the shop floor right in front of him.

One HansonHouse member exemplifies the value of these experiences. She was a professional woman with a graduate level career; it disappeared in a single accident. She now forms silver and gold in her own small business to use as settings for custom jewelry. For her, the best way forward was a business where she was her own boss, and could control a schedule according to her needs.

Paul was impressed with Tazza as a source of artistic inspiration; a spacious, beautiful gallery of Mike's ethereal prints and luminescent works of glass met him when he first walked in. Mike was already hard at work in the shop. But, it wasn't just the gallery, it was Grau's willingness to serve others with information, and a demonstration of the process that made his North Royalton location a truly beautiful destination. "Add this place to your *Must Visit* list!" says Richards.



Staff and residents of HansonHouse, a facility that provides care to individuals and families who have survived a traumatic brain injury, recently toured Tazza Glass and were given a lesson in the art of glass blowing.



Corn on the Cob Grilled Zucchini Yellow Squash Mushrooms Green Beans Baked Beans Red Cabbage Slaw Potato Salad Macaroni & Cheese

# BRAIN INJURY SURVIVOR BENEFIT Author Signing/Wine Tasting

"Every 23 seconds, someone in the United States sustains a traumatic brain injury. 50,000 do not survive. Those that do are changed forever."

- TBI fact book, Brain Injury Association of Florida

Local Authors will discuss their inspiration for writing their books, with a percentage of proceeds to benefit Brain Injury Support Groups!

# Sunday - August 14, 2016 ~ from 1:00 to 5:00 pm



M. A. Appleby: *The Ancient Whisper, Whispered Dreams, & Journey of a Thousand Steps*; inspired by a true life-changing event, this trilogy follows a fictional family on their journey as they learn how to cope with tragedy and ultimately, brain injury.



Margie DeLong: Grand Observations: A Year of Weekly Visits to the Grand River at the Blair Road Bridge; one woman sets out to discover the river near her home in Lake County, Ohio. Her experiences increase her understanding of the cleanest river flowing into Lake Erie.



Terry L. Wilson: Blanket Hill Insurgency, Breaking Liberator's Shackles, & Tarnished Valor; Storytelling of historic human conflict masked in a costume of fiction.

Enjoy a taste of St. Joseph's Pinot Noir or crisp glass of Riesling!

Hosted by: St. Joseph Vineyard 7800 Warner Road, Madison, Ohio saintjosephvineyard.com





Contact Marjorie Appleby @ 440.725.6493 with questions.

# Meet M. A. APPLEBY

Author of the National Award Winning Book:

# RAISING DAVID AGAIN

A Discussion about Living with Brain Injury  $\sim$  and understanding how unique it is!









Purchase RAISING DAVID AGAIN and receive a FREE
Brain Injury Tool Kit Booklet!

SPECIAL SUPPORT GROUP MEETING ON: NOVEMBER 8, 2017

AT: 11:30 AM

HANSONHOUSE ~ TBI CLUBHOUSE BEREA UNITED METHODIST CHURCH 170 SEMINARY STREET, BEREA, OH



# **HansonHouse TBI Night at Quicken Loans Arena!**

Saturday, October 15th, 2016

Cleveland Monsters vs. Rockford-5pm



#### All tickets are just \$15!

- Discounted from \$21.50 gameday pricing.
- HansonHouse TBI will be that evenings 50/50

#### Come celebrate with your 2015/2016 AHL Calder Cup Champions!

- Championship Celebration pre-game on the Gateway Plaza. Games,
   DJ, Food, and opportunity for pictures with the Calder Cup!
- o Kids Day: \$6 Kids Meal and postgame skate
- Giveaway: Calder Cup magnetic schedule

#### Ticket Information:

- Ticket price: \$15
- 8 tickets for \$100

#### The mission of HansonHouse TBI Clubhouse:

To empower persons with Traumatic Brain Injury to enhance:

Self-determination Personal Growth Community Involvement and Service Independence and Productivity

# Deadline to Order Tickets is October, 14th!

How can you purchase tickets?

- Contact Anita Ferut at 330-635-7755 or tbidirector@aol.com
- <u>www.HansonHouseBerea.com</u> donation tab, paypal. Please provide how many tickets you will need and address to have your paper tickets sent to.

METHOD OF DELIVERY: Paper tickets

\*All orders are subject to availability.
No ticket required for children under
the age of two. This offer and
discounts are not available at arena
box office. No refunds or exchanges.

\$100 Per Golfer Includes 18 holes of golf, cart, coffee, donuts, grilled lunch, catered dinner, prizes, and more.

Dinner Choices Include: Center Cut Strip Steak Chicken and Ribs Baked Herb Chicken Non-Golfer Dinner Guest \$50

All reservations need to be placed to HansonHouse by May 31st

Briarwood Golf Club

2737 Edgerton Road Broadview Heights, Ohio 44147 440-237-5271

~Get a Foursome~ ~Have Fun~ ~Tee Up!~

# HANSONHOUSE TBI CLUBHOUSE

HansonHouse is a non-profit organization, based in Berea serving adult survivors of traumatic brain injury. HansonHouse is a non-medical, community-based organization that offers social, recreational, educational and occupational programs.

www.HansonHouseBerea.com 440-254-9900



Hanson House
Rolf Outing
Banquet

You can turn your LOVE OF GOLF

into a BENEFIT FOR OTHERS

Friday June 16, 2017

9:00 A.M.

SHOTGUN START



# HansonHouse TBI Clubhouse

To empower people with Traumatic Brain Injury to enhance:

# Self-Determination Personal Growth Community Involvement and Service Independence and Productivity

HansonHouse TBI Clubhouse was founded in 2001 by two women caring for husbands recovering from a TBI. HansonHouse is a non-medical service and support system to aid adult TBI survivors in leading meaningful and productive lives thus being accepted, respected and included in their home communities. HH currently serves 200+ persons in the Greater Cleveland and Akron area. Focus is not on "what I can no longer do" but instead "what I CAN do". The Clubhouse structure gives ownership to our survivors (members), and planning the work and social areas of HH is done by the members.

HansonHouse also offers a Caregiver Support Group for Caregivers of Traumatic Injury, not exclusive to Brain Injury.

#### For information:

Website www.HansonHouseBerea.com email: tbidirector@aol.com phone 440-234-9900

Detailed information available at Guidestar for a full description of programming, outcomes and financials

http://www.guidestar.org/profile/20-1297494



173 Front Street Berea, Ohio 44017

(440)234-9900

tbidirector@aol.com

Limited office hours

www.HansonHouseBerea.com

Clubhouse Meetings are held Wednesdays and Thursdays 10:30am - 2:30pm Caregiver Group meets 3rd Wednesday of every month 6:00pm - 7:30pm

> Both groups meet at Berea United Methodist Church 170 Seminary Street Berea, Ohio 44017

> Please call the
> HansonHouse office
> or email us if you
> would like to
> volunteer, serve on a
> committee, or attend
> for the first time.

# Our Mission

To empower people with traumatic brain injury to enhance:

Self-Determination

Personal Growth

Community Involvement & Service

Independence & Productivity



# New Business Plan and Committees: Board of Directors

The Board finished its first full year with the new Directors installed last July 2016. The biggest project for the Board was restructuring to best use the variety of expertise and talents that were sought in the recruitment. After much work by all individual directors developing a vision together, forming small committees in each area of work needed, and developing a vision and goals for their own committee, a final 3 year Business Strategy was then developed by Ron Andras. Ron came to us as a recently retired business analyst and project manager from First Energy and the Board put him to work! He will also begin a new position of President of the Board to continue managing and leading HH thru the 3 year plan and goals. Contact us if you have interest in serving on a committee for events, fundraising, finances, or overreach. Carol Boggs will be Ron's Vice President and continue to lead Board meetings, as well as leading the business model and monitoring Veteran Court issues in the state of Ohio.

The first and foremost goal of HH was getting into a position that would eliminate a "wait-list" and allow us to welcome any Adult TBI survivor that meets membership requirements. Just opening up constantly to new membership impacts the intimacy of the group and the development of meaningful relationships, trust, and comfort participating in new activities. A second clubhouse day is needed. The obstacles are staff, drivers, and funding. In agreement the Board stepped out in faith; adding an Assist Program Director, a second Clubhouse Day, trusting the funding will follow! (see Thankful Thursdays)

# 水

# Caregiver Group

The Caregiver group that began 2 years ago with a restricted gift to expand services to Caregivers has also seen growth and new challenges. What began as a weekly group of Caregivers led by Lori Hanson, HansonHouse co-founder, wife of a TBI survivor and Licensed Clinical Counselor, has evolved to serving all Caregivers of a traumatic injury or illness. The group meets formally with Lori Hanson on the third Wed of each month and small groups meet at other times as arranged by the members. Like the Clubhouse services, the Caregiver group is offered free of charge. Lori, within her own career, has recently taken a new position to begin Oct 1 with Metrohealth. It is a new position designed to reach out and give council at the time of crisis; arrival at Metrohealth's ER. Her office is in the ER and she makes contact with family and loved ones immediately upon admission of the injured. Counseling and help begins at that moment and is followed throughout the hospital stay. At release, counseling will be offered through Lori or referred to someone in the community of the family. This program is the start of something that Jo Boggs, Lori, and advocacy to and thru the BIAC and services group of Ohio, have seen as very important to the future of Ohio survivors and their families being able to return to productive living with a vision of a new life ahead. HansonHouse is excited to see Metrohealth be a leader in this area and we are very excited that "our own" Lori Hanson was the choice of Metro to begin this service.



# Visit Us Online!

-www.HansonHouseBerea.com for calendar and resource information.

-www.HansonHouse Traumatic Brain Injury Clubhouse facebook page, for the fun stuff!



Another beautiful day for the Annual Golf Outing and Banquet. Thank you to Jeff, Marty, Ron, Roy and Bob for their hard work making another year possible through recruiting sponsors and participants. Our final profit was again in line with the past two years.

We, the members, thank you all for supporting HH and pro-

viding an environment of

love and support, giving us all the courage to keep growing and learning with the opportunities to also vent, cry, live and laugh together.







# New Member spotlight: Mike Brewer

Mike became an official Member of HH on Nov 2 2016, just one year ago. Since then, meetings would not be the same without Mike, his sense of humor and kindness. Like others, he brings to each of us compassion but also has refueled each of us on our compassion for others. Like others before him, it has not been an easy road to recovery but when at HH, he lives to the statement Bob Norton will address to all prospective members: "Don't come asking what HH will do for you, ask what can we do together." Then Tim will add... "HH, a place where no one remembers your name" HEEHEE (Cheers)

Mike is a former teacher and coach and has brought with him his wife, who attends occasional clubhouse meetings and our Caregiver Group. His son, Dan, attends often with Mike and has been a help to both HH and our members, also serving on the HH events committee.



# Sad Goodbyes To A Longtime Volunteer

With much sadness, our longtime volunteer and kitchen "boss" LaVerne Biddlecomb retired. LaVerne began her work with HH back in 2007. She served 10 years missing only a handful of Wed meetings. She was always so full of love and kindness for all the folks of HansonHouse, guiding the lunch program and making sure sanitary techniques were upheld, food prep done right and kitchen equipment used properly, safely and cleaned up and put away each Wed. We hope we still get to see her on occasion as a visitor and family member!

Good News is: HH has two new volunteers. In March 2017 Anita Evans joined us to help coordinate meals and programs and also as a driver. She retired as Associate Director of Admissions for the Conservatory at BW and spends time traveling to visit her children and grandchildren. Summer blessed us with Nancy Fannin. Nancy is familiar with the difficulties of a TBI survivor or Caregiver and is a part of Christ Church and their TBI support group as a facilitator. She will primarily be working with the new Thursday group.

Warmest Welcome!



Interested in giving a year end gift? We need weekly meeting sponsors!

For \$40 you can feed our members lunch.



See www.Guidestar.org for detailed information on programs, financials and leadership.



# BIAC and Ohio Brain Injury Progress in Services

After 15 years on the BIAC Jo Boggs saw the first huge step take place in Ohio services to the Brain Injury survivor. The BIAC has prepared their first "ask" to the Ohio legislature for a budget item to support non-traditional services. These services include money for Caregiver support and the development of more Clubhouse offerings. Currently HansonHouse remains the first and only in Ohio although others have come and gone. The community of Berea and NEOhio should be proud of the service they have provided to Caregivers: The support and tools for leading and caring for a survivor and caring for themselves when so much is needed and expected. Also, the example of Clubhouse importance in meeting survivor post rehab needs in discovering a fulfilling life after Brain Injury.

# PROMOTING COMMUNITY INTEGRATION FOR PERSONS WITH BRAIN INJURY IN OHIO

The Brain Injury Advisory Committee (BIAC) is seeking \$1M annually (\$2M for each Biennium) to assist persons with brain injury that promotes community integration for the survivor and assistance for families with a Caregiver Support {Program. This program is a part of the Ohio Revised Code (Section 333.560), which states to "Explore options for delivery of service to survivors and families of survivors of brain injury".

The above statement has been my (Jo Boggs) passion for the last 15 years of my BIAC membership. There were no votes against this proposal. Working on this proposal is our challenge for the next 2 years. HansonHouse TBI Clubhouse is the only TBI Clubhouse in the State of Ohio. Hopefully our members and volunteers can be of assistance with their ideas and hopes for community integration.

The proposed programs are designed to help identify the challenges of living with brain injury. Survivors need to make new friendships, share stories and a program of fun, educational, and volunteer events. The families and friends must learn to share their experience, problems, and successes in the Caregiver Support Groups.

#### Program Annual Budget

Centralized Information and Referral ( I & R)	\$100,000
Network Engagement Training and Support (NETS)	\$350,000
Support Groups	\$50,000
Clubhouses & TBI resource centers	\$175,000
Walk-in I & R	\$150,000
Problem-oriented case management	\$175,000
Immediate post injury, proactive I & R	\$0
Intensive Case Management	\$0



# Brian Injury Awareness Month

For years, every March, HansonHouse staff, members and volunteers have participated in various conferences and activities to bring awareness to TBI. Presentations to hospitals, rehab centers, city organizations, VA and church groups, have been made. This past March, our own HansonHouse members got excited to "do our own thing" for TBI awareness month. Member Bob Norton led the way with an idea of a Recognition Event to spotlight the folks in NEOhio that are making a difference. Baldwin Wallace Center for Innovation was asked for a conference room and it was given! Members got busy: Organizations and Individuals were selected, invitations were prepared and sent, news organizations contacted, food prepared, name tags made, and certificates and programs designed, programs made. Members took care of set up, greeting and our own Mike Comstock, a Caregiver of a TBI survivor took the day off work to professionally record and photograph the event. Everything was completed thru the gifts of time and talents of HH, It was a great event and hours after the scheduled end time and new connections made, folks were finally saying their last good-byes and heading home. Thank you BW for not kicking us out at scheduled end time!





In April, Hansonhouse added a Thursday meeting for our members led by a new Program Director, Vivian Sickels. Vivian is a stroke survivor and knows first-hand some of the struggles of our members. The Thursday group is the same but different. They meet in the same place at the same time with the same basic format, however, the Thursday group spends some time at the beginning of their meeting looking for ways to be grateful. Gratitude is scientifically proven to significantly increase well-being and life satisfaction and our group has found this to be true.



The Thursday group has been busy with some exciting activities these last few months. Most recently, they took a trip to the Lake Erie Nature and Science Center in Bay Village to pet a snake, turtle and our favorite, a chinchilla! They also got to enjoy a presentation in the planetarium-just like in high school.

Part of our mission is to serve others and the group has partnered with Operation Gratitude to send sample sized toiletries and hand-made cards and letters to our military friends. They are looking forward to creating Valentines for Veterans in November. Our spirits are raised when we brighten someone's day with these hand-crafted notes.

Also in November, they planned and held a fall festival with the residents at Generations Senior Living.



# Oatmeal Breakfast Bake (Holly Clegg- Eating Well To Fight Arthritis)

2 1/2 C OLD-FASHIONED OATMEAL

1 tsp. baking powder

1 tsp. ground cinnamon

1 TBSP butter, melted

2 C milk

1/3 C sugar

1 egg

1 tsp vanilla extract

1 C fruit (fresh or frozen)- apples,

blueberries, peaches, cranberries

Directions Preheat oven to 375 degrees F. Spray 9x9x2 baking pan with non-stick spray. In bowl, combine oatmeal, baking powder, and cinnamon. In small bowl, whisk butter, milk, sugar, egg and vanilla. Set aside.

Spoon half oatmeal mixture into prepared baking pan and 1/2 the fruit. Top with remaining fruit. Pour milk mixture evenly over.

Bake 30-35 minutes or until light brown along the edges and center is set.



# New Opportunities In Advocacy

An opportunity to participate in investigational focus groups in Columbus was offered in three areas: TBI survivor, Caregiver and Community Services. We had representatives in all three groups go to Columbus for the day. Only 8 positions were at each of the three tables and HansonHouse provided good experience and discussion for the investigation between Minnesota and Ohio the presintation of information gathered is being done thru a webcast in late November.

Paul worked hard advocating and helping a member get VA services needed and another member get his VA Card after the loss of Vietnam records in 1973 due to a fire. Both were long processes that spanned nearly the year. Paul and Vivian continue work with individual members and the weekly one on one assistance of home visits, shopping, cooking, banking, and doctor visits. HansonHouse was also invited to share information at St Josephs Winery to visitors last August. A portion of the proceeds from that day were donated to HansonHouse. Author, Marjorie Appleby spoke to our Clubhouse and caregiver groups in November about her new book "Raising David Again"; the journey thru the TBI recovery of her son, David. She also presented her 10 steps to recovery, and and living with brain injury program.



# New Experiences, New Challenges Cont. from page 1

**HH** programming has added offerings for members to present inspirational or humorous videos at the beginning of our meetings. Hopefully, we will add some work with social media and blogging opportunities, honing skills in writing and the use of small tablets (IPad) smart phones and TV projection. "Of interest to me" is a monthly opportunity for a member to present something they are interested in to the group. A George Washington presentation, and a high school exchange experience to Mexico, and Jay's summer in Cooperstown as an umpire were some that everyone very much enjoyed.

New volunteer opportunities included working a neighborhood picnic, with Jeff as the grillmaster, in the a

Cleveland near west side community served by Reaping the Harvest Church, leaf raking, and a clothing drive for the downtown men and womens' homeless shelters.

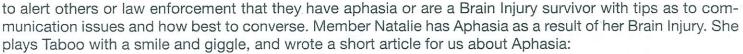
The Thursday group has taken on Operation Gratitude as a project and has made homemade cards to encourage our active military and the summer project was Christmas in July, sending Christmas goodies and presents.

Our quarterly women's breakout group has had a poolside party complete with lawn games and refreshing snacks, an outing to a paint

night, and home and garden show.

Aphasia August and Safety September brought a greater understanding of the affects on speech and word recall and Police Officers to our meet-

ings to talk about personal safety at home and away. We learned about new apps that help train and practice speaking and word use and the use of cell phones in an emergency, both your own or someone else's. Both resulted in wallet cards for members to use when in a stressful situation





I have Broca's aphasia. The kind of aphasia where I know the words, but I just can't say them.

Two weeks ago, I played Taboo. The game, which is like charades, but with words. I have ravioli as my word. I cannot say pasta and Italian. My team needs to guess ravioli.

Also, it's timed. You have 60 seconds to give clues to get your team to say as many words as possible. I had a horrible time playing taboo because I knew the word, but I just couldn't say the word!

The second reason it was hard for me to play the game is because there were words that you couldn't say in clues but I can only think of those words especially after seeing them on the "taboo" list.

I like Taboo, but with Aphasia, I have issues with it. Because it is hard for me to come up with words to describe it and it is hard for me to come up with a different word other than the words listed, I struggle!















Celebrate with HansonHouse at our Holiday party!

December 9th, 1:00-4:00 Please RSVP

Come enjoy food, friends, fun and a

white elephant gift exchange with us!

